

# 4 STEPS TO GETTING STARTED

1. **INITIAL PHONE CALL.** When you call, I will try to gather enough information to determine if Pastoral counseling is appropriate. If counseling is needed, we will set up your first appointment. If a referral is necessary, I will attempt to find the appropriate resource for you.

2. **HISTORY TAKING.** During the first couple of sessions, I will spend time learning about you and the major issues in your life that will help increase my understanding of your needs. It may be necessary to review parts of your past that are relevant to your current struggles.

3. **INFORMATION FROM OTHER SOURCES.** I may ask, when appropriate, for your written permission to contact other people who have been helpful to you in the past, or who may support your work in counseling now.

4. **GOAL SETTING.** Together we will then work to establish clear goals and the course of action that will help you reach them.

- **TIME LIMITED & GOAL FOCUSED.** To be free from current symptoms as well as lifelong disabling patterns of behaviors.
- **ULTIMATE GOAL.** To help facilitate the spiritual and personal growth of individuals moving you towards dependence upon Christ and interdependence within the body of Christ.

FEE. There is a charge for Pastoral counseling sessions. Checks are to be made payable to Rock Point Church, with "Counseling Fee" written on the memo line.

**ROCK POINT CHURCH**  
16928 E. MEWS RD.  
QUEEN CREEK, AZ 85242

**480.988.5391**



**ROCK POINT CHURCH**

**ROGER'S DIRECT PHONE:**

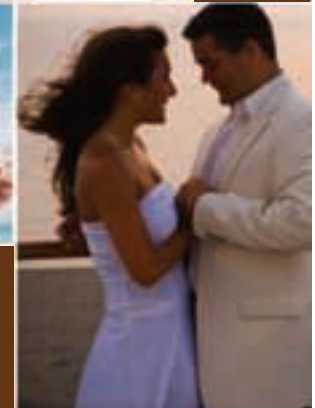
**480.326.4682**

**EMAIL:**

**RPARNHAM@YAHOO.COM**



**ROCK POINT CHURCH**



"Then You Will Know The Truth, And The Truth Will Set You Free" - Jesus

John 8:32



**PASTORAL COUNSELING SERVICE**